

Footpath 575020. Continuation of Footpath 574023 (from Bowston) at Cowan Head and then leads along River Kent to parish boundary with Nether Staveley.

This is also Dales Way route.

Length of path (to parish boundary) 0.75miles(1.2km)

Begins at junction with footpath 574023- SD49172/97315

-just before Cowan Head Cottages.

-this is also boundary between Strickland Ketel & Strickland Roger

(574023 from Bowston continues with left turn to Cragg Farm and Staveley)

Between cottages to Metal gate by river. Waymark SD49140/97386

Path along west bank of River Kent-very wet at times-to-

Old metal gate. Waymarks. SD49139/97517

Pass bridge to Hagg Foot SD49117/97710

(May 2017 bridge not replaced after floods)

When present -bridge connects with Footpath 575003 to Hagg Foot and also Footpath 575002 to Burneside and Beckmickle Ing)

To metal gate by stone barn SD49088/97793

and to wooden gate SD49089/97819

Waymark.

To stone step-stile in wall SD48994/97864

Path is rocky and often muddy and wet.

To metal gate in wall SD48715/97972

Waymark.

Now wide path through field to-

-Ladder-stile in stone wall/wall corner SD48552/97920

Waymark;Dales Way

This is parish boundary with Nether Staveley.

Path continues after parish boundary as 558020 along river to Staveley.